

Getting to the cause of your ongoing diarrhea



It can be uncomfortable to talk about your ongoing diarrhea (called *persistent diarrhea*). We're here to help. The questions below are designed to help you talk to your doctor about finding the cause(s). Complete this sheet and bring it to your next doctor visit.

The symptoms I am experiencing include (check all that apply):

Urgent need to have a bowel movement:

- 0-3 times a day 4-6 times a day 7-10 times a day More than 10 times a day

Abdominal (stomach) pain:

- Mild Moderate Severe

Abdominal cramps:

- Mild Moderate Severe

Nausea:

- Mild Moderate Severe

Blood in my stool:

- Mild Moderate Severe

Bloating:

- Mild Moderate Severe

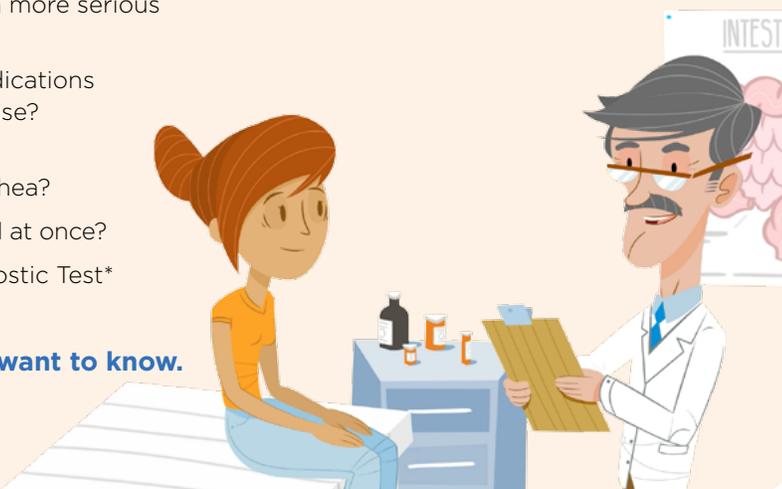
Fever:

- Yes No

Some questions I have for my doctor are (check all that apply):

- Could my persistent diarrhea be a sign of a more serious health condition?
- Could another condition I have (or the medications I take for that condition) be a potential cause?
- What tests do you plan to order to help determine the cause of my persistent diarrhea?
- Is there a way to test for common causes all at once?
- Could the PROMETHEUS® IBcause™ Diagnostic Test* be right for me?

 **IBcause™. Because you and your doctor want to know.**



Assays can also be ordered separately, and all results should be used in combination with other clinical findings.

*IBcause is validated for patients with ongoing diarrhea (which may be referred to as persistent or chronic).

PROMETHEUS, the Link Design, For the person in every patient, and IBcause are trademarks or registered trademarks of Société des Produits Nestlé S.A. Vevey, Switzerland.

©2018 Société des Produits Nestlé S.A. Vevey, Switzerland. All rights reserved. IBC18007 07/18

A Nestlé Health Science Company

Prometheus diagnostic services provide important information to aid in the diagnosis and management of certain diseases and conditions. How this information is used to guide patient care is the responsibility of the physician.

Assays and methods within this test may be covered by one or more US pending or issued patents. For details, please go to www.prometheuslabs.com. For global inquiries, please contact global@prometheuslabs.com.

 **PROMETHEUS®**
Therapeutics & Diagnostics
For the person in every patient®
9410 Carroll Park Drive
San Diego, CA 92121
888-423-5227 • 858-824-0896 fax
www.prometheuslabs.com